

**Health & Physical Education (K-12)
Chowan University**

Competency	Course Prefix & Number	Course Title	Course Offerings
A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.			
Foundations, Principles, & Practices of Physical and/or Health Education	SSPE 301	Foundations of Physical Education and Sport	Contact university
Individual, Community, & Global Health Issues	SSPE 220	Community Health	Contact university
Human Biology, Anatomy, & Reproductive Health	BIOL 221	Human Anatomy & Physiology I	F
Fundamental Motor Skills & Movement Forms	SSPE 330	Kinesiology/Biomechanics	Contact university
Sports, Physical & Leisure Activities	SSPE 317	Teaching Individual and Dual Sports	Contact university
Healthy Behavior, Fitness, & Obesity Prevention	SSPE 101	Fitness/Nutrition	Contact university
Health Education & Promotion	SSPE 220	Community Health	Contact university

Posted: 5/30/16
Revised: 5/29/16

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.chowan.edu